

# Foot Massager Instruction

Model: XB-8584



## Turning on/off the Massager

1. Press the Power Button to start the massager.
2. Keep pressing the Power Button for approx 2 seconds to shutdown the Massager.
3. The Massager will automatically stop after 15 minutes of non-use.
4. When massaging, press the Power Button to stop massager and then press Power Button again to continue massaging.

## Product Features

1. Massage fully, Massage the whole foot, as well as specified parts of feet.
2. Bipedal points massaging simultaneously.
3. Symptomatic acupoints.
4. Accessible at any time and any place.
5. Unique shape, the design and distribution perfect match human feet.
6. Using micro-computer control, low power consumption, completely reliable and durable.
7. Personalised speed and steering, simple and convenient to use.

## Foot Machine Operation Manual

### 1. Overview

Foot massage is based on traditional meridian science, magnetic science as well as the Health Act about the pace of reflex zones, integrating modern electronic technology and medical research achievements made.

## 2. Procedures and Key Notes

A . Click the button Auto to change program cycles among program I, II, III and IV.

Program I : healthcare massaging

Program II : massage focus on head, neck, lumbar spine, shoulders, head and other parts

Program III : massage focus on intestinal, liver, stomach and other parts

Program IV: massage focus on legs, reproductive and urinary system



B. Click the button Custom/Personalized to change the speed of massaging, and to adjust the massaging part from tiptoe, foot arch to sole part.



C. Click the button Manual to set the massaging speed, intensity and direction for yourself.



D. Restart: one time massage is setting about 15 minutes and stop automatically, to use again, please restart the massager.

## 3. Operation Instruction

1. Plug in Power

2. Press the button to switch it on.

3. Set up massage model and begin to work. Massage from arch of the foot, tiptoe, sole of the foot to foot side. You can also focus on foot reflex zone's massage in a period of time.

4. Turn off: 15 minutes after automatic procedures without any operation, the massager will automatically shut down.

**Note: Never pull out plug directly in the course of using. Unplug the power cord after shutdown. It is recommended the time of using massager is normally less than 30 minutes.**

#### **4. Attentions**

1. Do not use wet hands to plug in the power.
2. Do not use massage devices under the covers or it can overheat and cause fire, electric shock or other injury.
3. Only use indoor, do not use it in the bathroom.
4. Do not sit or step on the foot massage device.
5. Do not insert objects in any openings of Massager.
6. If the massage or the wires is in any form of damage, please immediately stop using it.
7. Do not use massage in the wet feet or during sleeping.
8. Patients or people with dysfunction should be prudent to use.
9. Prohibit using it with the medical electronic devices simultaneously.

#### **5. Main Technical Parameters**

Power supply: 110-250V/AC 50-60Hz

Power rated: 40W

Time setting: 15 minutes

Massage speed: high, medium and low

Product Size: 560mm \* 325mm \* 250mm

Product weight: 4.85Kg

Storage temperature: - 15C~+85C

Running temperature: + 10C~ + 40C

#### **6. Cleaning and Maintenance**

1. You should unplug the power cord before cleaning the massage machine.
2. Do not use benzene, thinner, or other corrosive solvents to clean your massage machine.
3. Do not clean the massage machine with wet cloth or alcohol, you must use a dry cloth.
4. If long time no use, you can roll up the massage and store it in a clean and dry place.
5. Do not store your equipment in high temperatures, close to flame or in direct sunlight.
6. Avoid throwing, pressure, collision or strong impact.

#### **7. Package and Accessory**

Corrugated cardboard boxes, a massage, a manual, and a certificate.

## Appendix: Reflexology Diagram

